

# University of Pretoria Yearbook 2022

## Exercise science practice 301 (PRC 301)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Health Sciences</a>
<b>Module credits</b>	20.00
<b>NQF Level</b>	07
<b>Programmes</b>	<a href="#">BSportSci</a>
<b>Contact time</b>	2 practicals per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Biokinetics and Sports Science
<b>Period of presentation</b>	Year

### Module content

\*Closed – requires departmental selection

This module serves as the platform for supervised practical training and application in exercise testing and interpretation for sport-related physical fitness components, exercise programme design and implementation for sport-related physical fitness, and sport science work experience. This module requires the student to have accumulated 45 hours of Sport First aid.

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